

January Newsletter

Slippery Rock Campground Association

1150 West Park Rd, Slippery Rock, PA 16057

724-738-0402 (for Security, press 2)

Office Hours: Monday - Thursday 9am 12pm then 1pm to 4:30pm

Friday - Sunday 8am to 12pm then 1pm to 4:30pm



Board Members (Term Expiring)

Section A

Renee Curry A220 (Secretary)

2026

Section B

David Kirch B138

2026

Joyce Hobaug A122

2027

Cindy Storoz B194

2027

Keith Critchlow A015

2028

Jim McClintock B110 (President)

2028

Section C

Mike Harris C026

2026

Section D

Justin Bosilovich D026 (Treasurer)

2026

Carol Phipps C044

2027

Chuck Spicuzza D110

2027

Dan Bowen C022 (Vice President)

2028

Cindy Evans D287/D311

2028

Board Meeting Dates

March 15, 2026

April 19, 2026

May 16, 2026

June 14, 2026

July 19, 2026

August 16, 2026

Annual Membership Meeting-
September 6, 2026

Introduction of New Board
Directors- September 7, 2026

Emergency Calls

Call 911 FIRST!

Call Security at 724-496-2161

Give the location and nature
of the emergency.

Always have a list of your
medications on hand.

Our Staff

Business Office

Jeff Schmid – Campground Manager

Jared Milligan – Operations Support Specialist

Melissa Munday – Administrative Assistant

Ruiting Feng – Administrative Assistant

Security

Finn Hendrickson – Security Supervisor

Security Officers: Paige Duke, Brendan Earl, Dave Miller, Nick Miller, Kian O'Brien, Josh Ottaviani, David Zona

Maintenance

Jonathan Kordish - Maintenance Supervisor

Maintenance: Zach Simmons, Chris Watt, Dan Watt, Jake Watt

From the President

Notes from my desk presented in no particular order.

January Board Meeting – We missed you. A total of seven members attended Sunday's meeting, and three of them had to be there for a hearing. The meeting was completed in thirty minutes. We didn't need to use the egg timer even once to control the length of presentations. After the meeting, one member reminded me that the January meeting was traditionally the meeting when the Board spends money on items they weren't sure the membership would approve. Well, this year we broke tradition and didn't do that, and that was a good thing.

Golf Cart Sticker Enforcement - The only motion made and unanimously approved at this month's Board meeting dealt with changing the golf cart sticker rule. Now, if your golf cart doesn't have a sticker by Memorial Day, the fine is \$100. This has always been one of the on-going complaints among members,

"I just walked past a bunch of golf carts at the ball field and some didn't have a sticker. Why should I buy a sticker if other members don't? They need to do something about this."

The Board agrees. This year, the strategy to enforce the purchase of golf cart stickers includes steps to monitor golf carts on the road as well as those carts that are just sitting around. Don't panic. Allowances will be made for snowbirds still in Florida and dead batteries, but just know that sticker enforcement is a priority for the Board and the staff. Further details on the enforcement strategy will be provided later.

Good News, Bad News – The good news is that over 80% of the members paid their dues on time. The bad news is that 20% did not. The good news is that the Association increased their income in January by almost \$6,000. The bad news is that the income is from late fees, and that's not how we want to make our money. The good news is that on April 1st, spring will be here and the campground will be coming back to life with members returning for the start of a new season. The bad news is that if you have a past due balance on your Annual Dues, Zip Plan payments, or miscellaneous invoices, on April 1st, your membership will be suspended, and your gate fobs will be turned off. We don't want that and neither do you. The office will be mailing statements in the next couple of weeks to members who have an outstanding balance.

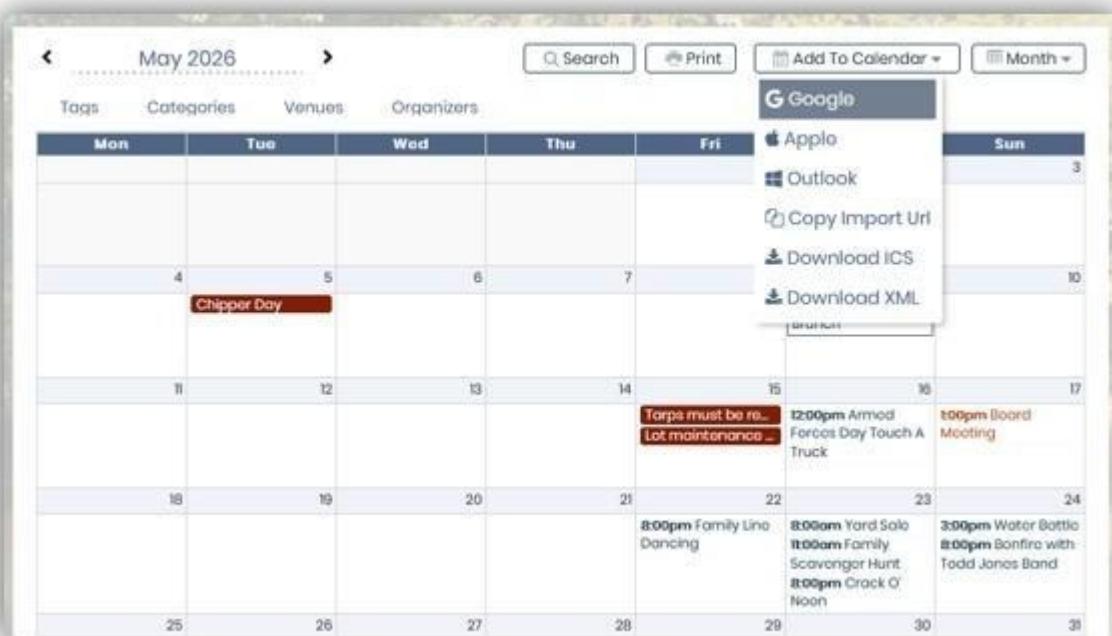
2026 Events Calendar – It's not too early to start planning your summer schedule and thanks to the diligent work of the Recreation Committee and the Youth/Teens Committee, the 2026 Calendar of Events is just about complete. The events calendar can be viewed on the website, and a printed copy of the schedule is available on the website by hitting the **2026 Season** button below the calendar.

There are two new features available for linking to the events calendar. Both provide real-time information on events. First, there is a page specifically designed to display the agenda on your mobile device. To display this page, scan the QR



Code below and then attach the page to your device's home page. The QR Code is also available on the website home page below the calendar.

The second feature allows you to link your Google, Apple or Outlook calendar to your personal calendar. For example, to attach the website calendar to your Google calendar, (1) open the srcahome.com website, (2) select Google from the drop down list under "Add to Calendar" and (3) follow the instructions to add this calendar to your personal calendar. Any additions/changes made to the website calendar will be carried forward to your personal calendar.



If you have any questions about this, submit your inquiry through the **Contact Us** page on the website.

Final Thought – It's easy to be consumed by the daily hassle that life offers, and we sometimes forget that there are things we should feel good about. Admittedly, as I sit here in my man cave listening to the wind howl with the temperature well below freezing, it's not easy to remember a sunny warm morning at Slippery Rock Campground. When I do, it makes me feel a little better. Why not give it a try. Take a deep breath, pause for a moment, and recall a memory that makes you feel good, even if it is something as simple as watching a child catch a fish at the pond. And I guess if nothing comes to mind, at least you can feel good that I'm done writing this article and you can get on with your life. Thanks for reading. See you down the road.

Respectfully,

Jim McClintock

President

Letter from the Manager

Now that the Holidays are over and the last 5 transformers are installed, we are continuing to prepare for the upcoming season. The water line study has started and will continue hoping to provide us some answers as to where we are losing the bulk of the water and what solutions we might implement to remediate the problem.

The weather here is terrible unless you are a fan of extremely cold and snowy weather. So to those of you who flew south for the winter, it looks like an especially smart decision this year. For those of you that are still in the campground and making your way around, I give kudos to John and the maintenance staff for keeping Yogi and the office clean and passable. They have been able to keep up with many of the side roads as well.

As you may have heard already, the board approved the new golf cart rule which went into effect immediately. The new rule states, " All golf carts on the premises of SRCA must have a current golf cart registration sticker(s) by Memorial Day of the current calendar year. Failure to comply will result in a \$100.00 fine plus the cost of the golf cart registration sticker."

Also, the membership dues for the 2025 - 2026 season were to be paid/postmarked by December 31, 2025 to be on time. For those members who have already paid which is the majority, thank you, and for those of you who have not please submit your payment as soon as possible as it is now late, and late fees are being applied. Just a reminder that if it is not received by April 1, 2026 your gate fobs will be deactivated and if not paid by the August board meeting your membership will be forfeited.

On a final note, the calendar for 2026 is filling up with events and there will be multiple ways to access the information. As in the past the information will be provided via hard copy with a posting on the door and copies in the box by the guard shack on the way into the campground. Another and more exciting way will be the television displays, several of which will be placed around the campground in convenient locations for you to view in color on a large screen as you're travelling the campground. Also, you can scan a QR code to your phone from the campground website at the bottom of the calendar and you will have all of the information at your fingertips on your phone. More to come on this new and exciting format to get the information you're looking for updated and easily accessible.

If you need anything please call or stop by the office. We will be glad to help you with your needs.

We are looking forward to a successful 2026 season.

Sincerely,

Jeff

Notes from the Office

Reminders:

During the off-season (December 15 - March 1) you are only permitted to stay overnight three nights a week (Sunday through Saturday). Two Week Vacation forms are available in the office and on the SRCA Website.

Road Conditions: Due to winter conditions, the campground should be considered drive at your own risk.

Jared, Melissa and Ruiting

Visit Our On-Line Merchandise Store

Go to srcahome.com

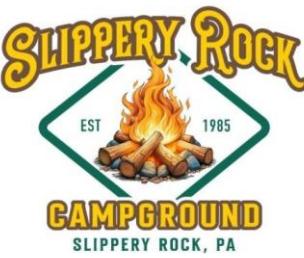
Click on the Link on the Message Board

OR <https://slippery-rock-campground.myspreadshop.com/>

Choose your merchandise

Men's, Women's, Kids & Babies, Accessories, Stickers and more to choose from

Select an Option from one of three Logo's



Special Projects -Mini Golf Course Maintenance, Volunteers & Fun Updates



We're excited to continue improving the mini golf course and will gladly welcome all the help we can get in the coming months. Planned enhancements include the addition of flower beds to add beauty and sun shades to make daytime mini golf more comfortable and enjoyable. Whether you're volunteering, sharing ideas, or lending a hand, every bit of support helps make this space even more fun for everyone!

Special Projects is planning to schedule pressure washing soon to help keep the area clean and enjoyable for everyone. More information will be shared once timing and priority areas are confirmed.

We are also looking for creative photo-op ideas for the mini golf course to make it even more fun and memorable for our campers. If you have ideas or suggestions, we would love to hear them.

We do have an Amazon Wish List with items that will help support mini golf improvements and enhancements. Contributions are always appreciated and go directly toward improving this amenity for everyone.

https://www.amazon.com/hz/wishlist/ls/28D852MZDS59S?ref_=wl_share

Finally, we would like to extend a gracious and heartfelt thank you to the McNamara and extended Family for their generous donation of the wishing well, given in loving memory of Brian McNamara, who passed away on November 11, 2025. This meaningful addition will serve as a lasting tribute and a special place for reflection within our mini golf course. We are deeply grateful for their kindness and generosity.

Thank you all for your continued support and involvement. We look forward to another wonderful season of mini golf fun.

See you in March!

Carol Phipps-Chair

Youth and Teen Committee News

The Youth & Teen Committee is gearing up for an exciting and activity-packed 2026 season! We kicked things off with a Zoom meeting on January 9, 2026, with seven committee members in attendance, and the energy is high for the year ahead.

Our first event of the season will be the always-popular Easter Egg Hunt with the **Easter Bunny on April 11**—a fun-filled day for families to enjoy together.



May will be full of action with a variety of events, including:

Mother's Brunch



Armed Forces Day Touch-A-Truck



Family Scavenger Hunt



Adult vs. Teen Softball Game



Water Battle



For our **Touch-A-Truck event**, we are looking for active and retired military members, as well as members or local businesses willing to bring vehicles or equipment for kids to explore. This special event will be a wonderful way to honor and celebrate our military heroes.

Be sure to keep an eye out for details on **VACATION BIBLE SCHOOL!** Plans are still underway, but it is tentatively scheduled for either the last week of June or the first week of July. **This will be a fun and engaging way for Our youth to learn, grow, and hear the Word of God through activities, lessons and fellowship.**

On June 6, we are excited to host a **Brain Fair in partnership with the Brain Injury Association of Pennsylvania**. This engaging event will include hands-on demonstrations focused on brain/bicycle safety. In addition, the Youth & Teen Committee, along with the Safety Committee, will be giving away FREE bicycle helmets to all children ages 12 and under.

It's shaping up to be a fun, busy, and memorable season, and we can't wait to see our youth, teens and families participate.

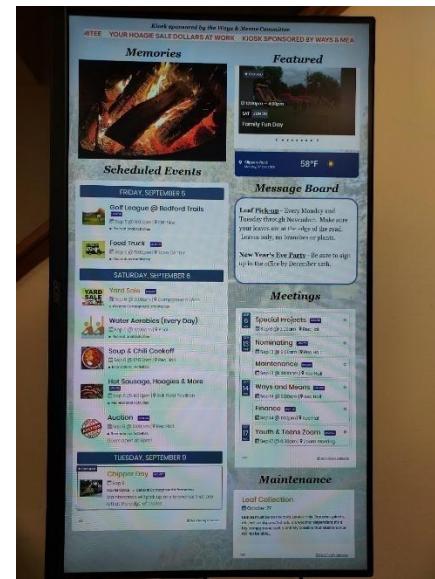
See you at camp!

Carol Phipps -Youth & Teen Committee Chair

Ways and Means Committee

Good news! All the equipment for the outdoor TV- displays are in. This includes two LG 55" TV's, two weatherproof outdoor covers, DreamQuest boxes, cables, power surge protectors and battery backups. We anticipate setting up the TV's sometime in April. This photo does not have the QR code since it is an older photo.

Here is the QR that will be on the displays – as it is currently on our home page.



But for a preview of what is to come, there will be a prototype set up in the office within the next week or so for members to check it out. The Tv's will pull the information directly from our website so if changes are made in the office, the displays will also update!

Renée Curry

Chairman

Recreation

The schedule is online and available to download as well as included in this newsletter.

Cindy Storoz

No new updates for the following committees:

Land use

Finance

Audit

Safety

Maintenance Committee

- Electrical
 - Transformers installation project has been completed.
 - Some pavement to be repaired
 - Spare transformer out for repair and is under warranty.
 - Rec Hall breaker replacement complete.
 - Perhaps more work in the future regarding feed wire to certain panels. More to follow.
 - A new feed line was run to Lot A147 as the result of a burnout.
- Water
 - Water Study started and is ongoing.
 - It is believed that approximately $\frac{1}{2}$ of the water being lost has been identified to four(4) streets in D Section
 - Old faceful
 - Boo-Boo
 - Hollow Log
 - Cindy's Curve
 - Eight(8) $\frac{3}{4}$ " valves have been identified to shut off on Monday 19th to further zero in on where the leaks are. More news to follow as it develops.



- Vehicles
 - The Chevy truck has an intermittent ignition short.
 - TBD solution. Working now
 - Undercoated van and 20' Trailer
 - Salt spreader installed and in use.
 - Deck boards replaced on older 20' trailer
- Metal Tables from the pool
 - 5 of the 8 metal tables recovered for use this season.
- Future Maintenance Discussion.
 - Spare pool pump for consideration at the next committee meeting.
 - Discuss costs and feasibility of need.
- Rec Hall Carpet to be cleaned Late Jan, early Feb 2026.
 - Squares that cannot be cleaned will be replaced.

Fishing Tournaments

We are very excited to be able to continue holding the fishing tournaments this year. The first one will be April 18th. Recreation, Youth and Teens, Ways and Means and Recycling were generous in donating money to buy the fish needed. Money is still needed to buy prizes for the kids. Any donations would be greatly appreciated and taken to the office marked Fishing Tournament.

Thank you so much in advance, Joyce Hobaugh

For Sale or Rent

Last year, there were almost 15,000 visitors who viewed the website more than 39,000 times. And the most often visited section of the website is the page displaying the [For Sale or Rent listings](#). In the past 30 days, 500 visitors have viewed the page, with 79 copies of the listing being downloaded.

Any member can list their membership/trailer on this page as an item for sale or rent. There is no charge for submitting a listing, and as you can see from the numbers, there are quite a few visitors interested in Slippery Rock Campground who will view your listing.

You can stop at the office to activate your listing, or it is possible to provide the information for the listing through this [page](#) on the website. You can also upload pictures or supporting documents as well. To see how it works, click [here](#).

We don't want to see you leave, but if you're thinking about it, now is the time to get your listing in place.

Mental Health Minute

Maintaining good mental health is not the absence of stress or difficulty, but rather the cultivation of **resilience** and the ability to navigate life's inevitable fluctuations. One of the primary keys is **self-awareness**—the practice of checking in with your emotional state without judgment. By recognizing when you are feeling overwhelmed or depleted, you can implement "emotional first aid" before reaching a point of burnout. This involves setting healthy boundaries with your time and energy, allowing you to honor your needs as much as you honor your obligations to others.

Another pillar of psychological well-being is the strength of your **social architecture**. Human beings are neurobiologically wired for connection; isolation often acts as a catalyst for anxiety and depression. Cultivating a few high-quality relationships where you feel seen, heard, and safe provides a vital safety net. Furthermore, your physical environment and habits—specifically sleep hygiene, movement, and nutrition—directly impact your brain chemistry. A brain that is well-rested and nourished is significantly better equipped to regulate mood and process complex emotions.

Finally, practicing **psychological flexibility** is essential. This is the ability to stay in the present moment and adapt to changing circumstances based on your core values. Rather than fighting against uncomfortable thoughts or trying to control every outcome, mental health thrives when we learn to accept what we cannot change and focus our energy on intentional action. Finding a sense of purpose, whether through work, hobbies, or helping others, provides the "why" that helps us endure the "how" of life's challenges.

Summary of Mental Health Keys

<u>Key Area</u>	<u>Core Focus</u>
Self-Awareness	Monitoring your emotional state and setting boundaries to prevent burnout.
Connection	Building a supportive social network to combat isolation and foster safety.
Physical Foundation	Prioritizing sleep, nutrition, and movement to support brain chemistry.
Flexibility	Practicing mindfulness and adapting to change while staying true to your values.

Since **psychological flexibility** and **self-awareness** are such core components of resilience, we can look at them through the lens of Acceptance and Commitment Therapy (ACT). This approach uses a model often called the "Hexaflex" to show how different mental habits interact to create overall well-being.

1. Building Psychological Flexibility

The goal here isn't to get rid of "bad" feelings, but to change your relationship with them. You can practice this using the **A.C.E.** method:

- **A - Acknowledge:** Notice your thoughts and feelings. Instead of saying "I am anxious," try "I am noticing a feeling of anxiety." This creates space between you and the emotion.

- **C - Connect:** Ground yourself in your body. Take a slow breath, push your feet into the floor, or notice three things you can see right now.
- **E - Engage:** Refocus on what you were doing or what matters most in this moment.

2. Enhancing Self-Awareness

Self-awareness is like a muscle; it gets stronger with consistent “check-ins.” A powerful tool for this is the **HALT** method, which helps you identify physical triggers for emotional distress.

Before reacting to a stressful situation, ask yourself if you are:

- **Hungry?**
- **Angry?**
- **Lonely?**
- **Tired?**

Often, what feels like a complex emotional crisis is actually a physiological need signaling for attention. By addressing the physical “leak” first, you gain the clarity needed to handle the emotional task.

3. Living Your Values

Self-awareness also involves knowing your **North Star**. When life feels chaotic, psychological flexibility allows you to pivot while staying aligned with your values.

Reflective Exercise: If you had to choose three words to describe the person you want to be today (e.g., Kind, Patient, Courageous), how would those words change the way you respond to your current stressor?

To wrap everything up, here is a concise look at the tools we discussed for strengthening your mental well-being:

Psychological Flexibility (The A.C.E. Method): This is the ability to acknowledge difficult emotions without letting them control you. By **Acknowledging** the feeling, **Connecting** with your physical body, and **Engaging** in the present task, you stay resilient through stress.

Self-Awareness (The HALT Method): This involves regular “body scans” to see if your distress is being caused by basic physical needs. Checking if you are **Hungry**, **Angry**, **Lonely**, or **Tired** helps you address the root cause of an emotion before it spirals.

Value-Aligned Action: This is the practice of using your core values (like kindness or courage) as a compass. It helps you make intentional choices even when things feel chaotic or overwhelming.

In short, good mental health is about **noticing** your internal state, **grounding** yourself in the moment, and **acting** according to who you want to be.

Make it a great day!

Dan Bowen

Slippery Rock Campground 2026 Schedule

Jan	01	Thu	Office Closed	Jun	07	Sun	Bible Study
	05	Mon	Section A will not have water		12	Fri	Family Line Dancing
	06	Tue	Section B will not have water				Golf League - TBD
	07	Wed	Section C will not have water		13	Sat	Honky Tonk Heroes
	08	Thu	Special Projects Zoom				Father's Day Picnic(F)
			Section D will not have water				Teen Pool Party
	09	Fri	Youth & Teens Zoom		14	Sun	Church Service
	10	Sat	Management Committee				Bible Study
	18	Sun	Board Meeting				Board Meeting
Mar	15	Sun	Board Meeting		19	Fri	Family Line Dancing
Apr	01	Wed	Water Hoses Can Be Reconnected				Golf League - TBD
			Memberships Suspended		20	Sat	Family Fun Day(F)
	11	Sat	Youth Easter Egg Hunt(S)				Tye Dye Day
			Teen Easter Egg Hunt(S)		21	Sun	Church Service
	19	Sun	Board Meeting		26	Fri	Family Line Dancing
May	02	Sat	Auction				Golf League - TBD
			Yard Sale		27	Sat	Bonfire & Blackout Party with DJ
	05	Tue	Chipper Day		28	Sun	Church Service
	09	Sat	Mother's Brunch(S)	Jul	03	Fri	Family Line Dancing
	15	Fri	Lot maintenance enforced				Golf League - TBD
			Tarps must be removed				Ice Cream Social
	16	Sat	Armed Forces Day Touch A Truck		04	Sat	Auction
	17	Sun	Board Meeting				Family Scavenger Hunt
	22	Fri	Family Line Dancing				Water Battle
	23	Sat	Family Scavenger Hunt				Yard Sale
			Crack O' Noon		05	Sun	Church Service
			Yard Sale				Bible Study
	24	Sun	Bonfire with Todd Jones Band		07	Tue	Chipper Day
			Water Battle		10	Fri	Family Line Dancing
	25	Mon	Golf Carts Must Be Registered				Golf League - TBD
			Memorial Day Service		11	Sat	Prom Dinner / DJ(F)
			Hayride & Parade		12	Sun	Church Service
	29	Fri	Family Line Dancing				Bible Study
			Golf League - TBD		17	Fri	Family Line Dancing
	30	Sat	Adult vs Teen Softball Game				Golf League - TBD
	31	Sun	Church Service		18	Sat	Bonfire & PJ Party with DJ
Jun	02	Tue	Chipper Day				Church Service
	05	Fri	Family Line Dancing				Bible Study
			Golf League - TBD				Board Meeting
	06	Sat	Auction		24	Fri	Family Line Dancing
			Brain Safety Fair				Golf League - TBD
			Yard Sale				Foam Party
	07	Sun	Church Service		25	Sat	Christmas in July(F)
							Youth Toy Raffle - Session 1(S)

Slippery Rock Campground 2026 Schedule

Jul	25	Sat	Youth Toy Raffle - Session 2 Wagon Ride	Sep	11	Fri	Golf League - TBD
	26	Sun	Church Service Bible Study		12	Sat	Not a Teen Dance Anymore - DJ
	31	Fri	Family Line Dancing Golf League - TBD		13	Sun	Volunteer Luncheon(S)
					19	Sat	Honky Tonk Heroes Trick n Treat(F) Haunted Trails(F)
Aug	01	Sat	Auction Slip 'n Slide Book Bag Raffle / Giveaway Yard Sale		26	Sat	Soup & Chili Cook Off(S) Halloween Party - DJ(F)
	02	Sun	Church Service Bible Study	Oct	03	Sat	Auction
	04	Tue	Chipper Day		10	Sat	Thanksgiving Fall Round-Up(F)
	07	Fri	Family Line Dancing Golf League - TBD		12	Mon	Leaf Collection
	08	Sat	Corn Roast Magic Moments (Oldies) Water Park Day(F)		19	Mon	Leaf Collection
	09	Sun	Church Service Bible Study	Nov	02	Mon	Leaf Collection
	14	Fri	Family Line Dancing Golf League - TBD		09	Mon	Leaf Collection
	15	Sat	2nd Annual Birthday Picnic(F) Bonfire - DJ Teen Pool Party		16	Mon	Leaf Collection
	16	Sun	Church Service Bible Study Board Meeting				
	21	Fri	Family Line Dancing Golf League - TBD				
	22	Sat	The BelAirs				
	23	Sun	Church Service Bible Study				
	28	Fri	Family Line Dancing Golf League - TBD				
	29	Sat	Hay Day (Country)				
Sep	01	Tue	Chipper Day				
	04	Fri	Family Line Dancing Golf League - TBD				
	05	Sat	Auction Youth Carnival Yard Sale				
	06	Sun	Annual Membership Meeting Bonfire - Fire Dancer - DJ Family Scavenger Hunt				



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